



### **World Arthritis Day : 12 October :-**

Every year on October 12, World Arthritis Day (WAD) is celebrated to increase global awareness of arthritis and other rheumatic and musculoskeletal diseases (RMDs). It attempts to raise public awareness of these illnesses and their impact on people's daily lives. It also emphasizes the importance of making treatments and therapies more accessible in order to improve the quality of life for arthritis patients. World Arthritis Day was established by the Arthritis and Rheumatism International (ARI) in 1996. The theme for World Arthritis Day 2024 is "Informed Choices, Better Outcomes."



### **South Korean Author Han Kang Wins The Nobel Prize 2024 In Literature :-**

The Nobel Prize in Literature was recently bestowed to South Korean novelist Han Kang, 53, for her "intense poetic prose that confronts historical traumas and exposes the fragility of human life". Her publications comprise *The Vegetarian*, *The White Book*, *Human Acts*, and *Greek Lessons*. Han is the very first South Korean author and the 18th woman to win the award. Her "empathy for vulnerable, often female, lives is palpable, and reinforced by her metaphorically charged prose," said Anders Olsson, chair of the Nobel committee.



### **Indian Navy Partners with Bajaj Allianz for Naval Civilians' Insurance Coverage :-**

The Indian Navy signed a Memorandum of Understanding with Bajaj Allianz Life Insurance Company to provide a wide product portfolio, including term insurance, to naval civilians at competitive premiums with numerous possibilities. Naval civilians can obtain insurance on a voluntary basis. This will assist in giving immediate financial relief in the event of the incumbent's death or any other unforeseen occurrence covered by the insurance coverage, according to a statement from the Ministry of Defence. The year 2024 has been declared 'Year of Naval Civilians' by Indian Navy in order to provide thrust to new initiatives and effectively improve the overall work environment for naval civilians.



### **Rafael Nadal Announces Retirement from Tennis After 23 Years and 22 Grand Slams :-**

Rafael Nadal, the 22-time Grand Slam champion and arguably one of the finest tennis players of all time, has announced his retirement from the sport. The 38-year-old has announced that he will step down from tennis at the end of the current season, effectively after the Davis Cup final. Nadal ranks second in the list of men's tennis Grand Slam winners, trailing only Novak Djokovic (24). Overall he won 92 career titles and earned a whopping prize money of \$134,946,100. His best came at the French Open in Paris which he won 14 times. He also won the US Open four times, the Australian Open, and the Wimbledon two times.



### **Young Sherpa Conquers World's Tallest Mountains at 18 :-**

A Nepalese teenager has surpassed the global record for the youngest-ever mountaineer to summit the planet's 14 tallest peaks. Nima Rinji Sherpa, 18, stood atop Tibet's Mount Shishapangma at approximately 06:05 local time on October 9. In doing so, he became one of only a few dozen persons to have scaled all of the world's "eight-thousanders" - the 14 summits recognized by the International Mountaineering and Climbing Federation (UIAA) as being more than 8,000 meters above sea level. Sherpa, who started climbing high-altitude mountains at the age of 16, summited all eight-thousanders in 740 days.



### **WHO Certifies India's Triumph Over Trachoma Elimination :-**

The World Health Organization honored India on eliminating trachoma as a public health hazard, making it the region's third country to do so after Nepal and Myanmar. The WHO also honored Bhutan for meeting interim targets for cervical cancer elimination, the Maldives and Sri Lanka for controlling Hepatitis B in children, Timor-Leste for eradicating lymphatic filariasis, and six countries for meeting SDG and global targets for lowering under-five mortality and stillbirth rates. "India's success is due to the strong leadership of its government and the commitment of ophthalmologists and other cadres of health-care workers", it said.



### **India's Lunar Polar Exploration Mission (Lupex) Approved :-**

Lupex, a collaborative venture between ISRO and JAXA, is part of India's overall lunar plan to ultimately land an astronaut on the Moon and safely return them home again. Following Chandrayaan-3, India is set to continue forward with its lunar aspirations, as the National Space Commission has approved the fifth lunar mission, the Lunar Polar Exploration Mission (Lupex). The unique aspect of this mission is its length, as it could last up to 100 days on the moon's surface, which is more than five times longer than Chandrayaan-3's mission, according to ISRO.



### **38th National Games to be Held in Uttarakhand :-**

The 38th National Games will be held in Uttarakhand from January 28 to February 14 next year. The Indian Olympic Association's general assembly meeting on the 25th of this month will release the comprehensive schedule for the National Games. Apart from the National Games, Uttarakhand will host the Winter National Games. Pushkar Singh Dhami, Chief Minister of Uttarakhand, met with Dr. P.T. Usha, President of the Indian Olympic Association, in New Delhi recently. The Chief Minister assured that Uttarakhand is fully prepared to host the 38th National Games, emphasizing that the event will be organized on a grand scale.





### **President Murmu's Historic African Visit :-**

President Droupadi Murmu will visit Algeria, Mauritania, and Malawi from October 13 to 19, marking the first visit by an Indian head of state to all three African countries. President Murmu's state visit reflects India's deep desire to fortify its partnerships with African countries, according to the Ministry of External Affairs (MEA). The visit follows a year after the African Union became a permanent member of the G20 under India's presidency. "This visit should be seen in the context of Africa as a continent and how India wishes to engage, and is looking at having a stronger partnership with Africa. It's a reflection of India-Africa growing partnership," said Dammu Ravi, secretary (economic relations), MEA.



### **44th And 45th ASEAN Summits Held In Vientiane, Laos:-**

Vientiane, Laos hosted the 44th and 45th Association of Southeast Asian Nations (ASEAN) Summits, as well as other associated summits. This year's ASEAN summits are themed 'ASEAN: Enhancing Connectivity and Resilience,' with an emphasis on creating an even more incorporated, linked, and strong ASEAN community to respond to several pressing challenges and seize possibilities to benefit ASEAN citizens. The three-day event featured related summits, including the 27th ASEAN-China Summit, the 27th ASEAN Plus Three Summit (ASEAN-China, Japan, and the Republic of Korea), and the 19th East Asia Summit.